

CHINESE HERBAL TEA / CARDIO HERBAL TEA



Tiens Chinese Herbal Tea is prepared from the highest quality of raw herbal ingredients imported from China. In this refined formula, we have incorporated green tea's well-recognized beneficial effects as a powerful antioxidant while enhancing and balancing it with Gynostemma, known for its amazing ability to enhance your longevity and support your cardiovascular system.

Drink Your Way to a Healthier Heart with Tiens Herbal Tea.

BENEFITS:

Nutritionally supports the heart and its system:

- Reduces hardening of the arteries
- Helps control high blood pressure and hypertension
- Regulates and maintains cholesterol levels

Nutritionally supports the immune system:

- Helps counteract free radicals in the body
- Resists cancer, especially in the liver, lungs, cervix, and skin
- Improves immunity and counteracts fatigue and aging

Also:

- Balances the central nervous system
- Adjusts fat and protein concentrations
- Helps enhance memory and brain function

UNIQUE FEATURES:

• Green Tea

Green Tea Polyphenols are some of the healthiest and most effective herbal elements in Chinese Green Tea. The polyphenols act as anti-oxidants supporting your immune and cardiovascular system so they function optimally.

• Gynostemma

Gynostemma is a superb adaptogen and energizes the body and mind. It is considered to be an excellent mind tonic, extending the range of thinking and mental capacity. Gynostemma contains many amino acids, vitamins and minerals that are healthful to the human body, including selenium, magnesium, zinc, calcium, iron, potassium, manganese, phosphorus, and more.

FREQUENTLY ASKED QUESTIONS:

Why is Green Tea so good for you?

It's mainly because of the antioxidant that is preserved in green tea. Antioxidants are thought to neutralize free radicals. In the human body, oxidized free radicals are believed to cause tissue damage at the cellular level, causing damage to our DNA, mitochondria (the powerhouse of the cell), and cell membrane, and have often been referred to as one of the causes attributed to aging, cancer, heart disease, and other human ailments.

Why is Gynostemma good for you?

Gynostemma is widely believed to have the following health benefits: to slow down the aging process, to reduce fatigue, to reduce oxygen deficiency at high altitudes, to improve digestion, to strengthen the mind. It is also believed to help calm the nerves and to ease pain.

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DID YOU KNOW?

- Green tea is an excellent source of Vitamin C
- Green tea guards against tooth decay
- Green tea taken orally inhibits skin tumour formation induced by chemical carcinogens or ultra-violet radiation (UVB)
- Many older individuals in Asia claim that after consuming Gynostemma for several months, their grey hair becomes black.

How will Tiens Chinese Herbal Tea help my cholesterol levels?

Tianshi Chinese Herbal Tea is formulated to increase high-density lipoproteins (HDL's), allowing these so called cardiovascular cleaners, to remove and clean rubbish from the vessels. The higher your HDL (good cholesterol) levels are, the lower your risk of cardiovascular diseases.

It can assist the body in regulating and maintaining cholesterol levels

KEY REFERENCES:

1. Correlated to their consumption of tea, the incidence of prostate cancer among Chinese men was found to be the lowest in the world.
(Chopra, 2000)
2. Research has shown that Gynostemma has the ability to enhance the cardiovascular system, by controlling high blood pressure and cholesterol levels.

Lu, GH. et al. Comparative study on anti-hypertensive effect of Gypenosides, Ginseng and Indapamide in patients with essential hypertension. Guizhou Medical Journal 1996; 20:1.

Kimura, Y et al. Effects of crude saponins of Gynostemma pentaphyllum on lipid metabolism. Japanese. Shoyakugaku Zasshi 1983 (Rec'd 1984); 37(3): 272-275.

INGREDIENTS & SUPPLEMENTAL FACTS:

Each Teabag Contains:

Gynostemma pentaphyllum	390mg
Lotus leaf (Nelumbo nucifera)	390mg
Polygonum multiflorum root	255mg
Green tea (Camellia Sinensis)	255mg
Semen Cassiae (Cassia seed)	210mg

60g 40 Tea Bags of 1.5g each

DIRECTIONS FOR USE:

Two bags twice daily, anytime

Store in a cool dry place at room temperature.

WARNINGS:

Keep out of reach of children. If you are pregnant or lactating, or taking a prescription medication, consult a physician before using this product.

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