

TRIPLE YELLOW HERBS / INTERNAL CLEANSER



Tiens Triple Yellow Herbs assists in the natural elimination of waste from the digestive system and other vital organs. The herbs assist with the detoxification of the digestive system, helping to optimize the body's ability to absorb nutrients provided through a healthy diet and supplement regimen.

BENEFITS:

Acts as a detoxifier:

- Contains a wide variety of herbs to assist in the natural cleansing of the body
- Used to aid the natural process of eliminating toxins and wastes from the digestive system
- Assists in the natural elimination of wastes and excess water retention

Acts as a digestive detoxifier:

- Helps regulate gastrointestinal function by increasing intestinal motility and reduces inflammation and abdominal distension.
- Moistens the large intestine and ensures bowel movement is smooth
- Helps the body to purge the toxic build-up in the intestines

Acts as a respiratory detoxifier:

- Transforms phlegm to help reduce swelling and distension in the chest

Acts as a full body detoxifier:

- Breaks up stagnate Qi (chi) to reduce feelings of stress

Also:

- Cools the blood to help reduce irritability, and dry mouth.
- Helps relieve toxicity to reduce swelling.
- Helps to reduce abdominal distension and pain, sweating and dehydration
- Assists in healthy weight maintenance

UNIQUE FEATURES & BENEFITS:

Despite new standardized rules to control the supplement market, the quality of herbs can vary greatly. Tianshi sourcing emphasizes healthy natural plants at the peak of their energy.

Cleanses not only the colon, but works on several organs.

FREQUENTLY ASKED QUESTIONS:

What is the difference between Tiens Triple Yellow Herbs and Tiens NutraCleanse?

Triple Yellow Herbs is designed as an internal cleanser that naturally eliminates the toxins and waste from your digestive system; whereas, NutraCleanse is formulated to concentrate on the internal cleansing of your colon.

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KEY REFERENCES:

1. Ye F, Xui L, Yi K, Zhang W, Zhang DY. Anticancer activity of *Scutellaria baicalensis* and its potential mechanism. *J Altern Complement Med.* 2002 Oct; 8(5):567-72.
2. Monograph: Bitter Orange. Natural Medicines Comprehensive Database. www.naturaldatabase.com. Accessed February 2005.
3. Wozniak D, Lamer-Zarawska E, Matkowski A. Antimutagenic and antiradical properties of flavones from the roots of *Scutellaria baicalensis georgi*. *Nahrung.* 2004 Feb;48(1):9-12.

INGREDIENTS & SUPPLEMENTAL FACTS:

Each Capsule Contains:

Chinese goldthread root (huang-lian, <i>Coptis chinensis</i>)	50 mg
Baikal skullcap root (Huang-qin, <i>Scutellaria baicalensis</i>)	75 mg
Chinese rhubarb root (da-huang, <i>Rheum palmatum</i>)	100 mg
Bitter orange fruit (Zhi-Shi, <i>Citrus aurantium</i>)	150 mg
Figwort root (xuan-shen, <i>Scrophularia buergeriana</i>)	125mg

Non-medicinal ingredients: gelatin

500mg 100 Tablets

DIRECTIONS FOR USE:

Take 1 tablet daily, and gradually increase to 3 tablets per day. Do not exceed 6 capsules in any 24 hour period.
 Take for 7 consecutive days, every month.
 For freshness, store in a cool, dry place.

WARNINGS:

Keep out of reach of children. If you are pregnant or lactating, experience frequent diarrhea or are taking a prescription medication, consult a physician before using this product.

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