

## TRIPLE GINSENG



*Tiens Triple Ginseng Plus is world renowned as an excellent herbal energy supplement. Triple Ginseng Plus is specifically designed to increase your energy level efficiently, while giving you an immediate and balanced energy boost.*

### **BENEFITS:**

#### Chinese Ginseng – Yang Energy:

- Chinese Ginseng promotes a hot stimulation for your body's Yang energy. It is known to support the function of the spleen, stomach, heart, and lungs.

#### American Ginseng - Ying Energy:

- American Ginseng promotes a cool stimulation for your body's Ying energy.

#### Siberian Ginseng – Neutral Energy:

- Siberian Ginseng promotes a warm stimulation for your body's neutral energy. It promotes the immune system and helps to maintain blood sugar levels.
- Siberian Ginseng also promotes memory, appetite and overall health.
- These three ginsengs are known to generate and maintain superior natural energy.

#### Red Rooted Sage (Salvia) – Energy Balancer

- The red rooted sages root is known to drive energy through the circulation.
- Red Rooted Sage (Salvia) also helps to maintain cardiovascular function and a healthy circulatory system.

### **UNIQUE FEATURES & BENEFITS:**

- Three prominent types of ginseng have been included in this product to provide you with the best balance of energies: Chinese Ginseng, American Ginseng and Siberian Ginseng. Chinese Herbal doctors recognize different types of ginsengs to have distinctive properties and function independently.
- We have added a special herb called, Red Rooted Sage (Salvia), to help balance the three ginsengs, and to act as a vehicle in transporting them more efficiently to every part of your body.
- This Ginseng trio, along with Salvia, helps your body adapt to stress in everyday living; giving your body more energy balance.

### **FREQUENTLY ASKED QUESTIONS:**

#### Who should use this product?

- People who lead a stressful lifestyle
- People who require more energy balance
- People with low energy levels (feeling depleted, exhausted, etc.)
- People with poor vitality and anemia

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**KEY REFERENCES:**

1. Ginseng acts as tonic, immune system stimulant and adaptogen.  
(Ody P. Natural Health: Complete Guide to Medicinal Herbs. 2nd ed. A Dorling Kindersley Book. 2000).
2. Traditionally used during convalescence  
(Gruenwald 1998; Bown 1995)
3. Traditionally used to increase stamina  
(Blumenthal et al. 2000; Chevallier 1997).

**INGREDIENTS & SUPPLEMENTAL FACTS:**

Each tablet contains:

Oriental Ginseng Root	110 mg
American Ginseng Root	110 mg
Siberian Ginseng	82.5 mg
Red Rooted Sage Root	247.5 mg

Non-medicinal ingredients: Gelatin, Magnesium, Stearic Acid

**DIRECTIONS FOR USE:**

Adults: As a dietary supplement, take one or two tablets twice a day before meals.

**WARNINGS:**

Keep out of reach of children. If you are pregnant, lactating, or are taking a prescription medication, consult a physician before using this product.

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